



## **Post-operative Instructions**

- 1) Following surgery, it is normal to have mild to moderate pain, mild nausea, some bloody discharge, and a sensation of a foreign body in the eye.
- 2) Please do not remove the eye patch; we will remove it for you on the day after surgery. For the first week, wear the shield taped over the eye when sleeping. You may wear your glasses and/or sunglasses during the day.
- 3) You may resume all of your usual medications following surgery, unless instructed otherwise. You may take Tylenol for pain, or your doctor may prescribe a pain medication.
- 4) You should limit your activity to avoid exertion or straining as instructed by your doctor. It is okay to read, watch tv, and perform light activities such as making meals. Do not shower until the second day after surgery, and be sure to avoid getting soap and water in the eye.
- 5) Please bring all eye drops or medications prescribed or given to you by your doctor to each post-op appointment.
- 6) Please position as instructed. This is very important to the success of your surgery. On the night of your surgery, you should position:  

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- 7) Please call if you experience increasing pain, severe nausea and/or vomiting, or a sudden worsening of vision.